



2025 APP Education Conference

“Leading with Purpose – Advanced Practice for a Changing World”

 **Location:** Lakeview Golf Resort
1 Lakeview Drive, Morgantown, WV 26508


Hosted by: The APP Education Committee and the Office of Advanced Practice Professionals


 **Register Here:** <https://APPConf2025.eventbrite.com>

APP Evening of Fun & Networking

 **Thursday, September 25, 2025**

 6:00 PM – 9:00 PM

 *Tropics*, 2500 Cranberry Square, Morgantown, WV
Location: Back deck/pavilion area

 *Free with conference registration. ‘Plus One’ is welcome for \$10 (pay via registration link).*



Conference Day Agenda


 **Friday, September 26, 2025**

 7:00 AM – 5:30 PM


 Reflections Ballroom, Lakeview Golf Resort

Morning Sessions

Time	Session
7:00 – 8:00 AM	 Check-In / Vendor Area Open / Breakfast
8:00 – 8:30 AM	 Keynote Speaker – <i>Albert Wright, President, WVUHS</i>

Time	Session
8:30 – 9:15 AM	“More Than a Hot Flash: The Hidden Impact of Menopause on Sexual Health” – Ava Smith, APRN and Ava Nickens, APRN
9:15 – 9:45 AM	“Enhancing Early Detection & Interventions: Role of the State Newborn Screen” - Megan Loy, MSN, APRN, FNP-BC
9:45 – 10:00 AM	 Break / Vendors / Posters

Panel Discussion

 **10:00 – 11:30 AM (90 min)**

 **Moderator:** Mary Fanning, D.N.P., R.N., F.R.E., N.E.A.-B.C., WVU Vice President Nursing


Topic: Advancing APP Leadership & Collaboration Across Disciplines

Join a dynamic, multidisciplinary panel of healthcare leaders as they discuss the evolving role of Advanced Practice Professionals in a rapidly changing healthcare landscape. Topics will include leadership development, interprofessional collaboration, policy impact, and innovation in clinical practice.

◆ **Featured Panelists:**

1. **Michael Edmond, MD, MPH, MPA, MBA., WVUHS CMO, Chief Executive of University Health Associates, Vice Dean for Clinical Affairs and CMO of WVU Hospitals.**
2. **Amy Bush, B.S.N., M.B.A., R.N., C.N.O.R., Chief Administrative Officer – WVU Medicine Children’s Hospital**
3. **Michael Stevens, M.D., M.P.H., F.A.C.P., F.I.D.S.A., F.S.H.E.A., WVUHS Quality Officer**
4. **Andrea Bailey, PhD, APRN, FNP-BC, Director of Nursing Simulation and Assistant Professor for WVU School of Nursing, Lead APRN for WVU Hospitals in the Office of Advanced Practice Professionals**
5. **Travis Randolph, MS, ATC, PA-C, Clinical Director Sports Medicine Program, Department of Orthopaedics, Lead Physician Assistant for WVU Hospitals in the Office of Advanced Practice Professionals**

Afternoon Sessions

Time	Session
11:30 – 12:30 PM	 Lunch / Vendors / Posters

Time	Session
12:30 – 1:15 PM	“Ambient Listening for Clinical Documentation: An Early Adopter’s Experience” – <i>John Brandon Arruda, APRN</i>
1:15 – 2:00 PM	“Where’s the M.E.A.T. and Split/Shared Visits” – <i>Tammy Baker, RHIT and Beth Steele, CPC-I</i>
2:00 – 2:45 PM	“Robotic Cardiac Surgery & General Cardiology Updates” – <i>Amy Simsa, PA-C and Fe Harold, APRN; Steve Gnegy for General Cardiology Innovations/Updates</i>
2:45 – 3:00 PM	 Break / Vendors / Posters
3:00 – 3:30 PM	“The Scoop on Poop: Why Regular Bowel Movements Matter More Than You Think” – <i>Sara A. McCauley, MSN, APRN, FNP-BC, RN, MS, ATC - Department of Neurosurgery – Inpatient, Rockefeller Neuroscience Institute, WVU Medicine</i>
3:30 – 4:00 PM	“New and Upcoming Systemic Therapies in Cancer Care” – <i>Adrienne Duckworth, APRN</i>
4:00 – 4:30 PM	“Refuting Junk Science: Impacts of Herbal, Natural, and OTC Medications” – <i>Jean Kernal, APRN, CNS</i>
4:30 – 5:15 PM	“Rural Emergency Medicine Practice: What Draws in APPs?” -- <i>Allison McNamara, PA-C and Joseph Hansroth, MD</i>
5:15 – 5:30 PM	Closing Remarks – <i>[Travis Randolph]</i>

Awards &

Announcements:

- APP of the Year
- APP Rising Star
- APP Poster Contest Winners
- Vendor Punch Card Basket Giveaways

Target Audience: Advanced Practice Providers, Physicians, Faculty and Medical personnel

Speakers

Albert L. Wright, Jr.

*President and CEO, West Virginia University Health System
WVU Medicine*

Mary Fanning, D.N.P., R.N., F.R.E., N.E.A.-B.C.

*WVUH Vice President Nursing
WVU Medicine*

Ava Smith, APRN

Department of Obstetrics and Gynecology
WVU Medicine

Ava Nickens, APRN

Department of Obstetrics and Gynecology
WVU Medicine

Megan Loy, MSN, APRN, FNP-BC

WVU Children's Hospital Pediatrics - Genetics/Metabolics Specialty
WVU Medicine

John B. Arruda, MSN, APRN, AGNP-C, CUNP

Department of Urology – Urologic Oncology
WVU Medicine

Tammy Baker, RHIT

Enterprise Provider Compliance Auditor – Educator
System Compliance
WVU Medicine

Beth Steele, CPC, CPC-I

Enterprise Provider Compliance Auditor – Educator
System Compliance
WVU Medicine

Amy Simsa, PA-C

CT Surgery, Heart and Vascular Institute (HVI)
WVU Medicine

Fe Herald, RNFA, APRN

Chief APP CT Surgery, Heart and Vascular Institute (HVI)
WVU Medicine

Steve Gnegy, PA-C

Chief APP Cardiology, Heart and Vascular Institute (HVI)
WVU Medicine

Sara A. McCauley, MSN, APRN, FNP-BC, RN, MS, ATC

Department of Neurosurgery
Rockefeller Neuroscience Institute
WVU Medicine

Adrienne Duckworth, APRN

Lead APP Department of Hematology/Oncology – Mary Babb Randolph Cancer Center
WVU Medicine

Jean Kernal, APRN, CNS

Department of Medicine/Internal Medicine – GI/Hepatology Specialty
WVU Medicine

Allison McNamara, PA-C

Department of Emergency Medicine
WVU Medicine

Joseph Hansroth, MD

Department of Emergency Medicine
WVU Medicine

Objectives: Following this conference series, participants should be able to:

Keynote Speaker –

- Describe and acknowledge the critical role APPs play at WVUHS.
- Discuss the aspiration of APP leadership roles and responsibilities at WVUHS.

“More Than a Hot Flash: The Hidden Impact of Menopause on Sexual Health”

- Identify the primary physiological changes that occur during menopause and their effect on sexual health.
- Discuss common sexual health concerns and symptoms experienced by individuals during menopause.
- Examine the evidence-based treatment options available to address sexual dysfunction related to menopause.
- Recognize the role of healthcare providers in managing sexual health during menopause, including counseling, pharmacological, and non-pharmacological interventions.

“Enhancing Early Detection & Interventions: Role of the State Newborn Screen”

- Emphasize the role of newborn screening in detecting asymptomatic, life-threatening conditions and highlight how APPs contribute to follow-up care and long-term management.
- Identify the unique challenges West Virginians face, including limited resources and healthcare infrastructure.
- Describe state legislation gaps, particularly access to medical foods for conditions like Inborn Errors of Metabolism.

“Ambient Listening for Clinical Documentation: An Early Adopter’s Experience”

- Describe how ambient listening technology streamlines clinical documentation and improves patient care.

“Where’s the M.E.A.T. and Split/Shared Visits”

- Describe what shared visit criteria entails including when, where and how to bill and correctly document in the Outpatient, Inpatient and Critical Care setting.

“Robotic Cardiac Surgery & General Cardiology Updates”

- Describe the development of novel robotic cardiac surgeries at WVU and its global expansion that originated from WVU.
- Recognize the criteria that must be met when selecting eligible patients for cardiac robotic surgeries.
- Describe the differences between traditional cardiac surgeries and cardiac robotic surgeries.
- Discuss outcomes of the Cox Maze and Robotic Aortic Valve replacement programs that were spotlighted at 2024 International RAVR Symposium held at WVU.

- Describe the vision for the future of cardiac robotic procedures.

“The Scoop on Poop: Why Regular Bowel Movements Matter More Than You Think”

- Recognize the importance of regular, easily passed bowel movements as part of GI health goals, prevention of pain, and as an important part of the patient’s overall health.

“New and Upcoming Systemic Therapies in Cancer Care”

- Describe the current cancer landscape.
- Describe current treatment options.
- Describe recent FDA approvals for CAR-T and Bi-specific T-cell engagers (BiTE) and discuss side effects and management of side effects.

“Refuting Junk Science: Impacts of Herbal, Natural, and OTC Medications”

- Identify commonly used herbals and how they are perceived to impact health.
- Identify when a supplement is considered the cause of a health risk.
- Identify tools to inform research about toxic effects of supplements.

“Rural Emergency Medicine Practice: What Draws in APPs?”

- Identify factors that attract APP practice in rural emergency departments.
- Discuss the scope of practice and autonomy of APPs in rural emergency departments.
- Identify aspects that retain APPs in rural emergency medicine practice and increase job satisfaction.

Credit: The West Virginia University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of **7.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for **9.3 contact hours**. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule § 19CSR11-4 under provider number 50-26086.

Disclosure: It is the policy of the WVU School of Medicine Office of CME to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All faculty/authors/planners participating in our activities are expected to disclose any relationships they may have with commercial companies. For this conference, the following relationships have been disclosed:

- Dr. Kernal has disclosed receiving honorarium from Salix Pharmaceuticals as a speaker.
- All others have indicated that they have no relevant interests to disclose.

This relationship, along with the educational content of this program, will be reviewed and any potential conflicts of interest will be resolved to the satisfaction of the WVU School of Medicine Office of CME prior to the activity. If a conflict cannot be resolved, the person involved will be removed from control of content or the content will not be presented as part of the educational program.

Please contact [Leslie Wilson](#) or [Jill Filben](#) if you have any questions.