



West Virginia University, School of Dentistry's Certified Tobacco Treatment Training Program

Certified Tobacco Treatment Specialists (CTTS) are trained to target an individual's nicotine addiction level and provide effective, evidence-based interventions using pharmacotherapy and counseling.

Release Date: July 1, 2025 – May 22, 2026. The tobacco treatment specialist content is delivered as a self-paced, online learning course through WVU's E-Campus system.

Target Audience:

This course is recommended for addiction treatment professionals, licensed professional counselors, dentists, dental hygienists, educators, nurse practitioners, nurses, pharmacists, physicians, physician assistants, respiratory therapists, social workers and others who encounter tobacco using patients/clients/students. Must have a **minimum of an associate degree to participate**. To receive a tobacco treatment specialist certificate, one must complete the entire online training which includes 15 self-test examinations, attain a minimum score of 80% on the tobacco treatment specialist certification examination and proclaim a tobacco-free lifestyle.

Learning Objectives: Following the course, participants should be able to:

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| <ul style="list-style-type: none"> Tobacco Dependence Knowledge and Education: State clear and accurate information about tobacco use, strategies for quitting, the scope of the health impact on the population, the causes and consequences of tobacco use. Counseling Skills: Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship, and to facilitate client involvement in treatment and commitment to change. Assessment Interview: Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning. Treatment Planning: Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategy. Pharmacotherapy: State clear and accurate information about available pharmacotherapy options and their therapeutic use. | <ul style="list-style-type: none"> Relapse Prevention: Offer methods to reduce relapse and discuss ongoing support for persons with tobacco dependence. Diversity and Specific Health Issues: Demonstrate competence in working with population subgroups and those who have specific health issues. Documentation and Evaluation: Describe and use methods for tracking individual progress, record keeping, program documentation, outcome measurement and reporting. Professional Resources: Utilize resources available for client support, professional education or consultation. Law and Ethics: Consistently use a code of ethics and adhere to government regulations specific to the health care or worksite setting. Professional Development: Assume responsibility for continued professional development and contribute to the development of others. |
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Course Credit:

Addiction Treatment Professionals and Licensed Professional Counselors: 24.5 contact hours (December 2025)

Dentist/ Dental Hygienist: 24 *ADA CERP* credits

Nurses: 24 contact hours

Nurse Pharmacology: 6 contact hours

Pharmacist: 24 contact hours (2.4 CEU's)

Physicians: 24 *AMA* category 1 CME credits

Respiratory Therapists: 24 contact hours (Provider Number BORCO91)

Social Workers: 24 contact hours

Credit Fee: \$750

- Submit payment via the electronic payment site (Visa, MasterCard, Discover, American Express)

To receive credit:

- Complete online modules in entirety with a minimum score of 80% on 15 self-test exams
- Complete the Course Evaluation and Credit Request form

Hardware/Software Requirements:

After registering, access to the course content and the tobacco treatment specialist certification examination requires **enrollment in WVU's online learning site, SOLE**. **Compatible Browsers:** Chrome 121.0, Edge 12+, Chrome 40+, Firefox 33+, Safari 7+.

Technical Support is available Monday through Friday from 8:30am – 4:30 pm EST. Please call 304-293-3937 or email ce@hsc.wvu.edu.

You need to use a Laptop/ Computer that will allow **administrative rights** to download a Lockdown Browser to take the Tobacco Treatment Specialist Certification Examination. **Some work provided computers may deny the download**. Need Cookies Enabled; JavaScript Enabled; Software: Adobe Flash, Adobe Reader; 1024x768 resolution; Popup Windows Enabled.

Speakers:	
Barrickman, Ashleigh, PharmD, BCACP, CTTS Clinical Assistant Professor, WVU School of Pharmacy Director of Skills Development	Piechowski, Kara, PharmD, BCPS, CTTS WVU School of Medicine
Brown, Tyler DDS, CTTS Assistant Professor, WVU School of Dentistry	Reed, Donald, DrPH, CTTS, CPH Executive Director, McDowell County Commission on Aging
Curry, Juliana, MSJ Project Director, West Virginia Perinatal Partnership	Shawley-Brzoska, Samantha, PhD, MPH, BS Research Assistant Professor, WVU School of Public Health Department of Social and Behavioral Sciences & Office of Health Services
Demniak, Marquis, MSN, APRN, FNP-C, NCTTP WVU Hematology/Oncology Department WVU Cancer Center's Lung Cancer Screening	Siebart, Judith, MS, RD, LD, CDE, CTTS WVU Family Medicine Clinic
Gaydos, M. Suann, MSDH, CPAHA-TT Professor, West Virginia Departments of Dental Public Health and Professional Practice & Dental Hygiene Director, WVU School of Dentistry's Certified Tobacco Treatment Training Program	Sowards, Ashlee, RDH, MSDH, NCTTP Professor WVU School of Dentistry, Department of Dental Hygiene
Gross, Megan, MA Program Director, First Choice Services/ West Virginia Tobacco Quitline	Swager, Lauren, MD, NCTTP Associate Professor, WVU School of Medicine, Department of Behavioral Medicine and Psychiatry Behavioral Health Medical Director of Aetna Better Health of West Virginia
Lefeber, Timothy, MD, FAAP, CTTS Associate Professor, Program Director Pediatric Residency Program WVU, School of Medicine	Tack, Frankie, MS, AADC, CCS, NCC, CTTS Service Associate Professor, West Virginia University, Department of Counseling and Learning Services Program Coordinator: Mental Health and Addiction Studies
Morgan, Evan, MD, NCTTP United Hospital Center, WVU Medicine	Whetsel, Tara, PharmD, BCACP, BC-ADM, CTTS Clinical Associate Professor, WVU School of Pharmacy Ambulatory Care Clinical Pharmacist
Olfert, Mark, PhD, RRT, FAHA, FAPS Associate Professor, WVU School of Medicine Director, Clinical & Translational Sciences	Young, Scott, DDS, CTTS Assistant Professor, WVU School of Dentistry Director, Biddington Center for Dental Innovation