# 36th Annual West Virginia Carl "Rolly" Sullivan Addiction Training Institute June 2-3, 2025

# Conference Sponsored by:

West Virginia University Department of Behavioral Medicine and Psychiatry

# **Course Description**

The 36th Annual West Virginia Carl "Rolly" Sullivan Addiction Training Institute (ATI) features current developments within the physical, emotional, social, and spiritual areas of substance use disorder (SUD) behavior and treatment. Topics for 2025 include:

- Problematic Use of the Internet (PUI)
- Gambling Disorder
- Parents with Children and SUD
- ADHD and Stimulants and SUD
- Ethics
- Motivational Interviewing
- Young Adults and SUD
- Integrative Care and Adolescents with SUD
- Harm Reduction & low barrier SUD approaches
- Street Drugs
- Pornography Addiction
- Designer Drugs
- Veterans

This course is designed for new and experienced professionals who seek a thorough review of both the established fundamentals of addiction treatment and current approaches to working with the behavioral addictions and the substance use disorder population. The training is valuable for those working or planning to work in the areas of mental health, addictions counseling, courts and corrections, school counseling, nursing, psychology, and social work.

#### **Course Objectives**

The goals of the ATI are to 1) assist professionals in examining the increasing issues related to addiction in the state; 2) provide an up-to-date look at treatment strategies; and 3) disseminate effective therapeutic techniques in working with individuals, family, and community members affected by addiction.

Following this course, participants should be able to:

- Describe empirically supported interventions available for people with problematic usage of the internet.
- Describe the current gambling environment and how this relates to changes in the demographics of people seeking help for gambling problems.
- Discuss ways to reduce risks of generational SUD
- Explain how to treat an adult with ADHD and SUD
- Apply decision-making models to clinical ethical boundary dilemmas
- Describe the importance of Motivational Interviewing in "harm reduction"
- Identify appropriate screening tools for substance use in youth
- Explain ways to access evidence and resources of integrative treatments
- Describe "Low-Barrier Buprenorphine" treatment as a harm reduction option of Medication-Assisted Treatment (MAT)
- Describe health effects of specific substance use
- Identify therapeutic interventions for problematic pornography use
- Identify examples of substances in each designer drug class
- Explain how building trust influences treatment of mental health and substance use in veterans

#### **REGISTRATION:**

The deadline for preregistration for the Addiction Training Institute is **May 18, 2025**, via the WV ATI Conference website: WVATI.org. **Preregistration conference fees will be \$100 for one day or \$190 for both days**. Beginning May 19, 2025, registration fees will increase to \$115 for one day or \$220 for both days. We strongly encourage preregistration for the reduced rate.

#### **CANCELLATION POLICY**

Cancellations made by May 18, 2025 will receive a full refund. Cancellations between May 19-25 will receive a 50% refund. After this date, cancellations are nonrefundable.

#### **DAILY SESSIONS**

Participants have the choice of two concurrent sessions following the keynote on both Monday and Tuesday. One may choose to remain with the keynote speaker or select an alternate session. Sessions include the daily keynote address from 8:30 am-10:30 am. Keynote Sessions=2.0 CE; Concurrent Sessions=1.5 CE.

# **MONDAY, JUNE 2**

Registration

8:00am-8:30 am

Keynote

8:30 am-10:30 am

"Understanding Problematic Usage of the Internet" – Marc Potenza, MD, PhD

**Concurrent Sessions** 

#### 10:45 am-12:15 pm

- a. "Identifying and helping people with gambling problems in the current US landscape" Marc Potenza, MD, PhD
- b. "All in the Family Reducing Risks of a Substance Use Disorder" Amanda Newhouse, LICSW & Wesley Hill, MD

#### Lunch

# 12:15 pm-1:15 pm

A buffet lunch will be provided.

#### Concurrent Sessions

# 1:15 pm-2:45 pm

- a. "ADHD and SUD; a Pediatrician's perspective" Jan Widerman, DO
- b. "Ethical Boundaries Across Addiction Treatment Professions: Part 1" Katie Chiasson-Downs, LPC; Laura Lander, LICSW; PJ Lee, PRSS

#### 3:00 pm-4:30 pm

- a. "Leveraging Motivational Interviewing for 'Harm Reduction'" Michael Reynolds, MD & Joshua Rhudy, MD
- b. "Ethical Boundaries Across Addiction Treatment Professions: Part 2" Katie Chiasson-Downs, LPC; Laura Lander, LICSW; PJ Lee, PRSS

# **TUESDAY, JUNE 3**

#### Registration

8:00am-8:30 am

#### Keynote

#### 8:30 am-10:30 am

"Substance Use Disorders in Youth" – Justine Welsh, MD

#### Concurrent Sessions

# 10:45 am-12:15 pm

- a. "Integrative Psychiatry for Adolescents With Substance Use Challenges" Blake Gibson, MD
- b. "Developing a Comprehensive Model for 'Low-Barrier Buprenorphine' from Concept to Practice" Kendra Barker, DNP, FNP-BC; Derek Silski, LPC; Abbie Shinn, LSW; Susan McKenrick, DNP, FNP-BC

#### Lunch

# 12:15 pm-1:15 pm

A buffet lunch will be provided.

# **Concurrent Sessions**

#### 1:15 pm-2:45 pm

- a. "Introduction and Medical Mishaps of Substance Use" Daniel Farmer, DO & Meghan Kline, LICSW
- b. "Problematic Pornography Use: The Assessment and Treatment of a Behavioral Addiction" Colleen Lillard, PhD & Krista Ulisse, DO

# 3:00 pm-4:30

a. "Designer Drugs: An Overview" – Kyle Durham-Vold, MD & Seth Moomaw, DO

# 3:00 pm-5:00 pm

b. "Caring for Veterans: Considerations in Mental Health and Addiction" – Sarah Leifheit, LICSW

#### **KEYNOTE SPEAKERS**

# Marc N. Potenza, MD, PhD

Steven M. Southwick Professor of Psychiatry

Director, Division on Addictions Research at Yale

Director, Yale Center of Excellence in Gambling Research

Director, Women and Addictions Core of Women's Health Research at Yale

Director, Yale Impulsivity and Impulse Control Disorder Research Program

Yale University School of Medicine

President-Elect, International Society of Addiction Medicine

#### Justine W. Welsh, MD

Vice Chair of Child/Adolescent Psychiatry
Director of Addiction Services
Department of Psychiatry and Behavioral Sciences
Emory University School of Medicine

# WEST VIRGINIA UNIVERSITY SCHOOL OF MEDICINE DEPARTMENT OF BEHAVIORAL MEDICINE & PSYCHIATRY

#### James H. Berry, DO

Department Chair, Professor of Psychiatry

Kathleen Chiasson-Downs, MA, LPC, ALPS, AADC

Clinical Therapist, Lead Clinician for Addiction Services

#### Kyle Anne Durham-Vold, MD, MPH

Addiction Medicine Fellow

# Daniel Farmer DO, MSc

Medical Director, Center for Hope and Healing

Assistant Professor of Addiction Medicine

# Blake A. Gibson, MD

Assistant Professor of Child & Adolescent Psychiatry

# Wesley Joy Hill, MD

Assistant Professor of Child & Adolescent Psychiatry

#### Meghan Kline LICSW

Lead Therapist, Center for Hope and Healing

# Laura Lander, MSW, LICSW, AADC

Associate Professor of Social Work, Addiction Therapist

# Preston "PJ" Lee, Jr., PRSS

Peer Recovery Program Coordinator

Sarah Leifheit, MSW, LICSW (she/they)

Senior Clinical Therapist

# Colleen Lillard, Ph.D.

Associate Professor of Adult & Forensic Psychology

# Seth Moomaw, DO

Addiction Psychiatry Fellow

#### Amanda Newhouse, LICSW, PCIT Level- I Trainer, IMH-E®

Associate Professor of Social Work, Social Work Section Chief

Michael Reynolds, MD
Assistant Professor of Psychiatry
Joshua Rhudy, MD
PGY3 Psychiatry Resident
Krista Ulisse, DO
Assistant Professor of Adult & Forensic Psychiatry

#### **AFFILIATE & GUEST PRESENTERS**

Jan Neil Widerman, D.O., FACOP, FAAP, DFASAM, FAOAAM
CEO, Medically Assisted Recovery Services, PC
Kendra Barker, DNP, APRN-BC, FNP-BC, BC-ADM, CNE
WVU School of Nursing Clinical Associate Professor
DNP Program Director and FNP Track Coordinator
Susan McKenrick, DNP, APRN, FNP-BC, CNE
WVU School of Nursing Clinical Assistant Professor
Abigail Shinn, BSW, LSW
Medical Social Worker, Milan Puskar Health Right
Derek Silski, MA, NCC, LPC, ALPS
Mental Health Program Director, Milan Puskar Health Right

#### **Course Directors**

James H. Berry, DO Kathleen Chiasson-Downs, MA, LPC, ALPS, AADC Laura R. Lander, MSW, LICSW, AADC

#### **ADDITIONAL INFORMATION**

#### **Continuing Education**

All sessions for the ATI Course are offered for continuing education. Participants who attend all course work from June 2 through June 3, 2025 are eligible to receive 13.5 CEUs. CEUs have been requested from the West Virginia Board of Social Work Examiners/Provider #490038, the West Virginia Board of Examiners of Psychology, West Virginia Certification Board for Addiction and Prevention Professionals and the West Virginia Board of Examiners in Counseling #535. Didactics offered include 3 hours of Ethics specific and 2 hours of veterans specific training.

#### **CME**

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **Nursing Education**

This continuing education activity has been provided by the WVU School of Nursing for 17.4 contact hours. Of the total hours earned, 3.6 will be in the area of pharmacology consistent with the advanced pharmacology / pharmacotherapeutic competencies of advanced practice nursing. The WVU School of Nursing is an approved

provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule #19CSR11-4 under provider number 50-26086.

The following sessions are approved for Pharmacology nursing credits: 10:45 am - 12:15 pm - both breakouts 1:15 pm - 2:45 pm - both breakouts

#### Grant

This conference is supported by a Physician Education Grant provided by the WV Department of Health & Human Resources and administered by the WV Medical Professionals Health Program; Grant # G250734.

#### **Disclosure**

It is the policy of the WVU School of Medicine Office of CME to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All faculty/authors/planners participating in our activities are expected to disclose any relationships they may have with commercial companies. For this conference, the following relationships have been disclosed:

- Dr. Berry has disclosed receiving honorarium as an advisor to Celero Systems a start-up company with no current products in market.
- Dr. Potenza has disclosed:
  - o receiving consultation fee from Boehringer Ingelheim
  - o receiving patent application with Yale from Novartis as the applicant
- Dr. Welsh has disclosed receiving consultant fee from Applied Clinical Intelligence, LLC.
- All others have indicated that they have no relevant interests to disclose.

These relationships, along with the educational content of this program, will be reviewed and any potential conflicts of interest will be resolved to the satisfaction of the WVU School of Medicine Office of CME prior to the activity. If a conflict cannot be resolved, the person involved will be removed from control of content or the content will not be presented as part of the educational program.

# Location/Parking

The event will be held at the Erickson Alumni Center, 1 Alumni Dr, Morgantown, WV 26506. Parking is free.

#### Lodging

A block of rooms has been reserved at the Holiday Inn (1188 Pineview Dr, Morgantown, WV 26505) at a special conference rate of \$114 king or \$124 two queens, plus tax. This rate will be available through May 16, 2025. You may make reservations via this link: <a href="https://doi.org/10.108/journal.org/">ATI CONFERENCE - WVU MEDICINE</a>. You may also make reservations by calling 304-241-6649. Identify yourself as attending the **ATI Conference**.

# **Planning Committee**

WEST VIRGINIA UNIVERSITY, Department of Behavioral Medicine and Psychiatry

• James H. Berry, DO • Laura R. Lander, LICSW • Katie Chiasson-Downs, LPC, ALPS • Jennifer Zannier (Program Coordinator) • Lisa Terris, PhD (Program Coordinator) • Jessica Belt, BSN, RN, MHA (Finance Oversight)

#### **Non-Discrimination Policy**

West Virginia University does not discriminate on the grounds of race, color, national origin, sex, sexual orientation, age, veteran status, religion, or disability in the administration of any of its educational programs,

activities, or with respect to admission and employment. Inquiries may be directed to the Executive Officer for Social Justice, 105 Stewart Hall, Office of the President, 304-293-4150.

# **Special Requirements**

If you have special requirements for access, please contact the office below.

# **Contact Information**

Office Email: <a href="https://www.edu">wvATI@hsc.wvu.edu</a>
Jennifer Zannier, Program Coordinator

Phone: 304-293-7724

Lisa Terris, Program Coordinator

Phone: 304-293-5294