



2024 APP CONFERENCE

Hosted by the APP Education Committee and OAPP

Location: Oglebay Resort, 465 Lodge Drive, Wheeling WV 26603

Register Here : [2024 APP Conference \(wufoo.com\)](https://www.wufoo.com)

Friday, September 27, 2024: 6:00pm – 9:00pm Reception (West Ballroom 1)

Saturday, September 28, 2024: 7:00am - 5:30pm Conference Day (West Ballroom)

- 7:00 -8:00 (1h) [Check-In/Vendor Area Open/Breakfast](#)
- 8:00 - 8:15 (15m) **Welcome Remarks**
Richard Anthony Aprea, MD, Wheeling Hospital CMO
- 8:15 – 9:05 (50m) **“Engaging Rural Partners: Working Together to Create a Stronger WV”**
Presented by Rich Sutphin, Executive Director of WV Rural Health Association
- 9:05 – 9:20 (15m) [Break/Vendors/Poster Hallway](#)
- 9:20 – 10:50 (1.5h) **Panel Discussion:** Moderated by Janice Shipe-Spotloe, PA-C, Director of OAPP

Dr. Mike Grace, CEO, West Virginia University Hospitals
Melanie Davies, Chief Compliance Officer for WVUHS
Forrest Olgers, Clinical Director, WVU Physician Assistant Program
Kendra Barker, Clinical Director, WVU Nurse Practitioner Programs
Dr. Ramadan, M.D., Chair of Department of Otolaryngology (Dr. Peter Konrad back-up)
- 10:50 – 11:40 (50m) **“Healthcare Technology and Medical Innovations in the Growing World of APPs”**
Presented by Rolando Garcia, MS, PA-C
- 11:40 – 12:40 (1h) [Lunch/Vendors/Poster Hallway](#)
- 12:40 – 1:30 (50m) **“Protecting Our Young Hearts: Understanding SCA Risk in Children, Screening for Prevention, and Project ADAM’s Impact on Saving Lives”**
Presented by Tracy Coup, APRN
- 1:30 – 2:00 (30m) **“Diabetes Technology: Utilizing CGM and Insulin Delivery Devices”**
Presented by Amy Butts PA-C, DFAAPA, BC-ADM, CDCE
- 2:00 – 2:15 (15m) [Break/Vendors/Poster Hallway](#)
- 2:15 – 3:05 (50m) **“Management and Treatment of Nonalcoholic Fatty Liver Disease”**
Presented by Jean L. Kernal MSN, ACNS
- 3:05 – 3:35 (30m) **“Overview of Obesity Treatment in the Adult Patient”**
Presented by Amber Shaffer, MSN, APRN, FNP-BC

- 3:35 – 4:05 (30m) **“POCUS for Guidance in Emergency Care for the APP”**
Presented by Lisa Gilbert, APRN
- 4:05 - 4:20 (15m) **Closing Remarks**
Janice Shipe-Spotloe, PA-C, M.S., DFAAPA, CPAAPA
Director, Office of Advance Practice Professionals
Adjunct Assistant Professor-Human Performance, WVU School of Medicine
- 4:20 - 4:30 (10m) **APP OF THE YEAR, APP RISING STAR & Poster Contest Winner Announcements**
- 4:30 – 4:45 (15m) **Vendor Punch Card Basket Drawing**

SPEAKERS

Rich Sutphin

Executive Director of WV Rural Health Association

Panel Discussion:

Dr. Mike Grace, CEO, West Virginia University Hospitals
Melanie Davies, Chief Compliance Officer for WVUHS
Forrest Olgers, Clinical Director, WVU Physician Assistant Program
Kendra Barker, Clinical Director, WVU Nurse Practitioner Programs
Dr. Ramadan, M.D., Chair, Department of Otolaryngology

Rolando Garcia, MS, PA-C

WVU Department of Anesthesiology, Section of Pain Management

Tracy Coup, APRN, PNP, Chief APP of Pediatrics

WVU Department of Pediatrics, Division of Pediatric Cardiology

Amy Butts PA-C, DFAAPA, BC-ADM, CDCESW

WVU Department of Endocrinology

Jean L. Kernal MSN, ACNS

WVU Department of Medicine, Section of Gastrointestinal/Hepatology

Amber Shaffer, MSN, APRN, FNP-BC

WVU Department of Medicine, Section of Medical Weight Management

Lisa Gilbert, APRN

WVU Department of Emergency Medicine

Target Audience: Advanced Practice Providers, Faculty and Medical personnel who want a better understanding of medical diagnoses, conditions, and treatment plans.

Objectives:

Following this conference, participants should be able to:

- **Rich Sutphin:** Identify available resources for rural WV patient care.
- **Panel Discussion:** Discuss various topics including APPs in healthcare policy, scope of practice, system engagement, legislative changes, staffing shortages and other issues APPs face.
- **Rolando Garcia:** Discuss the innovation trend in healthcare as it relates to the role of APPs. Describe the future of healthcare and the future of APPs with the technological advancements and innovations. Analyze lessons for social service delivery. Recognize the implications of AI and innovations in healthcare and the role of APPs.
- **Tracy Coup:** Recognize the scope of the risk of SCA in children. Utilize important screenings for risk of SCA. Utilize important screenings for risk of SCA. Discuss the significance of the efforts of Project ADAM in improving outcomes post SCA through education, preparedness, and advocacy for mandatory preparedness in high-risk circumstances.

- **Amy Butts:** Assess the current CGM therapies that are available for personal and professional use. Describe how to interpret an AGP report to individualize the patient's management plan. Evaluate the current technology available for insulin delivery devices.
- **Jean Kernal:** Identify and interpret abnormal LFTs; determine how long to trend LFTs; identify what factors contributes to fatty liver disease; identify new terminology from AASLD; determine the best ways to manage fatty liver disease; deciding when to refer to hepatology, when to consider a liver biopsy and the importance of histologic diagnosis.
- **Amber Shaffer:** Describe the pathophysiology of obesity and identify patients having overweight or obesity. Describe general nutrition recommendations and the role of exercise in obesity treatment. Identify behavior change strategies helpful to implementing nutrition and exercise recommendations. Identify potential medications used for obesity treatment. Identify when referral to bariatric surgery would be beneficial. Discuss healthcare policy regarding anti-obesity medicine.
- **Lisa Gilbert:** Identify and explain the use and benefit of using point of care ultrasound in emergency medicine and how it is used as a bedside tool in emergency management. Describe the use in trauma and explain the newest ACEP ultrasound guidelines.

Credit: The West Virginia University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 8.20 *contact hours*. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule § 19CSR11-4 under provider number 50-26086

Disclosure: It is the policy of the WVU School of Medicine Office of CME to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All faculty/authors/planners participating in our programs are expected to disclose any relevant relationships they may have with commercial companies. For this conference, Mrs. Butts has disclosed that she has received a consultant fee for speaking from Abbott and honorarium for speaking from Novo Nordisk, and Xeris Pharm. All others have indicated that they have no relevant interests to disclose.

These relationships, along with the educational content of this program, have been reviewed and any potential conflicts of interest have been resolved to the satisfaction of the WVU School of Medicine Office of CME.

Please contact Leslie Wilson Leslie.Wilson@wvumedicine.org or Jill Filben Jill.Filben@wvumedicine.org if you have any questions.