

HEALTH SCIENCES CENTER OFFICE OF INTERPROFESSIONAL EDUCATION INTERPROFESSIONAL EDUCATION WEEK

Open to all WVU faculty, staff, and students.

March 19 – 23, 2018

There are no fees for this program.

“W.H.Y. (Wellness, Health & You) IPE”

Monday, March 19
12:00 – 12:50 p.m.
Pylons Lobby
Yoga at the Pylons

BYOM! Bring your yoga mat and join yoga taught by Nicole Gauthier-Schatz. Enjoy nutritious smoothies from 11:30 a.m. until 1:30 p.m. in the back hall made for you by Wellness Center at WVU Medicine and WellWV. Taste the flavors and take home the recipes so you can re-create them.

Tuesday, March 20
12:00 – 12:50 p.m.
Okey Patteson
A Mindful Approach to
Conflict Engagement* **

With Joanna Distefano, MS, Negotiation and Dispute Resolution
Event Planner/Executive Assistant to VP and Executive Dean

Learning Objectives:

- ✓ Connect principles of non-judgment, patience, curiosity, trust, and acceptance to personal wellness and professional excellence
- ✓ Recognize opportunities to increase self-awareness, connection, and compassion
- ✓ Incorporate mindfulness techniques into practical internal processes
- ✓ Relate mindful growth to reflect in external environments and approach to patient-centered care

Wednesday, March 21
3:00 – 6:00 p.m.
Pylons Lobby
Health Fair

- ✓ Featuring point-of-care testing
- ✓ Free give-a-ways and door prizes will be available!
- ✓ Health Science Schools will be hosting a table

Thursday, March 22
12:00 – 1:00 p.m.
Okey Patteson
Music Therapy:
What a Wonderful World*

With Amy Rodgers Smith, MMt, MT-BC
Assistant Professor of Professional Programs

Learning Objectives:

- ✓ Define music therapy.
- ✓ Identify potential reasons for referral to music therapy.
- ✓ Articulate potential benefits of music therapy for a variety of patient populations.
- ✓ Discuss how music therapy interventions target patient treatment team goals and objectives.
- ✓ Illustrate how music therapy collaborates with other services/providers in co-treatment situations.

Friday, March 23
7:30 – 9:00 a.m.
John Jones Rooms
G119 A&B
Mindful Self-Care* **

With Sam Zizzi, EdD, MA, Dr. Pat Fehl Endowed Professor, College of Physical Activity and Sport Sciences

Complimentary breakfast will be offered from 7:30 a.m. until 8 a.m. The program will run from 8 a.m. until 9 a.m. **RSVP for breakfast to** ipe@hsc.wvu.edu.

Learning Objectives:

- ✓ Identify and describe the core components of mindfulness
- ✓ Identify the elements of mindfulness that relate to self-care and self-compassion, and how these connect to their role as a health provider
- ✓ Use and apply at least one simple, practical technique for mindful self-care in their own life

Approved for CE Credit:

*CME / **School of Pharmacy

Contact us at ipe@hsc.wvu.edu or our website
<http://home.hsc.wvu.edu/interprofessional-education/contact-us/>

For questions or additional information regarding this lecture format, please contact Amy Summers at 304-293-7596.

Disclosure: All those in a position to control content of this program have indicated that they have no relevant interests to disclose.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 3 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants are cautioned about the potential risk of using limited knowledge when incorporating new techniques and procedures into their practices.

This continuing education activity has been provided by the WVU School of Nursing for 3.6 contact hours. The WVU School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule #19CSR 11-4 under provider number WV-1996-0120RN.

The WVU School of Dentistry is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The WVU School of Dentistry designates this activity for 3 continuing education credits.

Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

Participants are cautioned about the potential risk of using limited knowledge when incorporating new techniques and procedures into their practices.

ACPE The West Virginia University School of Pharmacy (WVSoP) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education (CPE). These knowledge-based activities are approved for up to a total of two contact hours (0.2 ceu's) of CPE credit. The activity on 3/20/18 (UAN 0072-9999-18-039-L04-P) is approved for one contact hour (0.1 ceu) of CPE credit. The activity of 3/22 is NOT approved for CPE credit. The activity on 3/23 (UAN 0072-9999-18-040-L04-P) is approved for one contact hour (0.1 ceu) of CPE credit. WVUSoP will report your participation in the activities to NABP CPE Monitor within 4-6 weeks for all participants who successfully complete the program. Successful completion includes attending the entire session each day, signing the daily attendance sheet, and completing an online evaluation form(s). Transcripts of CPE can be printed from NABP CPE Monitor. If needed, statements of credit may be printed at <https://pharmacyce.wvu.edu/user/login>